**Supersize Programme for: Insert Group Name**

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| **Time** | **Activity** | **Zoom links/web-links** | **Notes** |
| **9am** | **Breakfast**  |  |  |
| **10am** | **Get Moving.** Activities and challenges to get you energised for the day ahead |  |  |
| **11am** | **Faith not Fear**: Teaching Session 1 |  |  |
| **12pm** | **Lunch** |  |  |
| **1pm** | **Photo Challenge** - get out, about and creative |  |  |
| **2pm** | Free time  |  |  |
| **3pm** | **Pick 'n' mix Group Time**. Chance to try some baking, get crafty or try out some activities |  |  |
| **4pm** | **Zoom Games** Play a few of our brand new games together |  |  |
| **5pm** | **Faith not Fear**: Teaching Session 2 |  |  |
| **6pm** | **Dinner**  |  |  |
| **7pm** | **Movie night**. Don't forget the popcorn!  |  |  |
| **9pm** | **Hot chocolate, campfire oranges** & chat, to wrap up the day  |  |  |

**Extra Information**

Space to include any items the young people might need and who to contact if they have any questions (etc!)