

# Movie Reflections

## Moana

Adventure and Justice seem to be Moana's middle names, she would be a great Urban Saint! She wants to help her people on the island of Motunui. Her dad has one idea of her identity and place on the island and Moana has another. Encouraged by her grandmother, who calls Moana to live in her true identity, she sets off to find Maui, the demi god who is needed to restore the heart to unlock the land to thrive once again.

### Identity

Moana is called to beyond the reef but her Dad is fearful due to his past experience.



Have you ever wanted to do something others have told you is not possible? If so, share what that has been.

If you could attempt anything even if you failed what would it be?

Moana has a faithful companion of a chicken as she adventures the sea.



Would you say you were an 'inclusive' person, a person who has friends that may not be like you? Share who you class as companions or friends and why you spend time with them.

Consider when you return to school, a club, a sports team or somewhere there is opportunity to make friends reaching out to someone who maybe is new or would really benefit a good friend like you.

On her way to find Maui, Moana practices and says aloud who she is, where she is from and what she declares will happen (what Maui will do!)



Think about how you would introduce yourself, think about what makes you, you. Who do you say you are?

Create 5 positive affirmations (statements) that start with I AM... (consider sharing these with a trusted friend or adult and see if they agree that you are those statements too, they may even encourage you with some more great ones.)